



seamless innovation for your wellbeing

*****IMPORTANT PLEASE READ*****

Appointment: Time & Date: YOU HAVE A SECURED SPOT ON THE SCHEDULE TIME TO BE DETERMINED

LISA (602) 792-5752, direct SECURE line, TXT COPY OF INSURANCE CARD or email

jhernandez@mccolon.com

PLEASE READ ALL THE INSTRUCTIONS BEFORE YOUR PROCEDURE

Medications

If you take blood pressure medications in the morning, please take a small sip of water only.

- **Please stop any blood thinning medication such aspirin, Ibuprofen, fish oil, grape seed oil, turmeric at least 5-7 days before procedure**
 - **PLEASE NOTIFY IF TAKING ANY INJECTABLE MEDICATION *GLP 1!!!***
- **If you are taking prescribed blood thinner medications, please notify our office immediately or if you see a cardiologist, electro physicist, vascular surgeon, hematologist (coagulation issues), neurologist (seizures), or pulmonologist**

Drivers must always stay within a 10-minute distance from the surgical center premises. NO UBER AND OR LYFT BY YOURSELF. MUST HAVE A FRIEND/FAMILY/NEIGHBOOR AS A COMPANION, OR PROCEDURE WILL BE CANCELED. Patients will not proceed with the procedure if no driver is available.

YOU'R GUARANTEED A SPOT ON THE SCHEDULE, ARRIVAL TIME WILL BE CONFIRMED BY OUR CHARGE NURSE AT LEAST 48 HOURS PRIOR

ANAL AND RECTAL SURGERY PRE-OP INSTRUCTIONS

PLEASE READ ALL INSTRUCTIONS BEFORE YOUR PROCEDURE

HEMORRHOIDECTOMY, FISSURECTOMY, SPHINCTEROTOMY, FISTULOTOMY, ANAL WARTS REMOVAL, ANAL BIOPSY, ANAL DILATION, ANAL SETON REMOVAL, RECTAL BIOPSY, RECTAL PROLAPSE SURGERY, RECTAL MASS REMOVAL, ANAL CANCER REMOVAL, ANAL SKIN TAG REMOVAL, LASER ABLATION OF HPV OR AIN CIS

The nurse will call you several days prior to procedure to confirm arrival times

PRIOR TO SURGERY:

Purchase supplies before the procedure, that will be needed after surgery

- Mineral Oil (over the counter/store brand)
- Light day pads (feminine product)
- Sitz Bath (optional, may use tub or handheld shower head)
- Frozen peas or hot dogs to freeze individually

wrapped

THE DAY BEFORE YOUR SURGERY:

Diet

- You may eat breakfast and a light lunch day prior
- Clear liquids only for dinner on day prior
- You may drink clear liquid until 6 hours prior to your surgery. Examples of clear liquids: water, popsicles, ice, soft drinks, Gatorade, clear broth or bouillon, Jell-O, Kool aid, coffee or tea (NO MILK OR CREAM)
- Nothing by mouth including water, mints, and gum for at least 6 hours prior to surgery

Medications

- If you are generally constipated, please take your normal laxative
- Take your medication as usual the day before your

surgery

- If you take blood pressure medications in the morning please take with a small sip of water
- Please stop any blood thinning medications; Aspirin, Ibuprofen, fish oil at least 5 days before procedure
- **If you are taking a prescribed blood thinner medications please notify our office immediately OR GLP1 INJECTABLE**

THE DAY OF SURGERY:

- Nothing by mouth 6 hours prior
- If you take prescribed medication, you may take them with a small sip of water
- If you are diabetic DO NOT take your oral medication or insulin the morning of surgery
- Wear comfortable clothing that is easy to get in and out of, and form fitting underwear (no boxers or thongs) to the surgery
- **Driver must stay near surgical center premises at all times. Patient will not proceed with their procedure if driver is not present.**
- Please make arrangements for someone to transport you to and from surgery (due to anesthesia) and to stay with you for 24 hours after surgery.

IF YOU HAVE ANY QUESTIONS PLEASE CALL THE OFFICE AT (602) 253-4271

IF YOU NEED TO CANCEL OR RESCHEDULE PLEASE CALL **LISA EXT. 1002**

Benefits/Eligibility are verified about 1 week before your scheduled date by

Edith at (602) 253-4271 extension 1009

We hope to make this experience as pain free and as simple as possible

p:602-253-4271 / f:602-253-4273

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